Good Cheer

Lillian DeWaters
Do, I am with thee alway. . . .

Be of Good Cheer.

—Jesus.
Greetings

May love and joy be yours today,
And peace and hope and cheer;
May Life unfold its blessing rich,
And naught but good be near.
Greetings

My thoughts of you are filled with love,
My wish is strong and true;
That wisdom, health and harmony,
Increase each day
For you.
There is really nothing to fear. God is within me, without me, around me and about me, for God is All, and there is, therefore, no opposing power. My Life is the same in substance as this One-Life, God—perfect, changeless, pure and good.
Fear Not

No harm can
   come to me;
nothing can disturb me,
for Right Thinking is the Rock
    which supports me;
blesses me; redeems me.
   To have health,
I must think health;
   To have joy,
I must think joy;
To reap abundance, I must
    think abundance.
Nature, God is perfect, changeless and good; but, in order that I experience this good which is mine by nature, I must come into possession of it through my thinking.
I must come into possession of this all-good, through my knowing and my feeling that my Life is the One-Life, and is imperishable; indestructible; incapable of being sick or discordant. My Life is Life, Itself, perfect, free and glorious.
Oneness

Nature, I am one with Thee—Oh, what joy this brings to me; 'Tis thy substance, pure, divine, This individual life of mine. No need of sickness, lack or fear, Thyself is all there can be here; Thou in me and I in Thee, Life of wondrous unity.
Nature, I am one
with Thee—
Blessed Truth which
freeth me;
All past mystery melts away,
And now dawns the perfect day
When plain Truth
we can discern
And all longing hearts can learn.
No other fact,
then, can there be,—
Thou art All and ALL
is Thee.
Self-harmony is that state of mind that is quiet, restful, confident; that does not reap its peace from the without but from the within. It is to maintain unruffled calm when you are blamed, abused or treated unjustly. It is to be habitually honest, fearless, joyous, generous, loving and kind.
Self Harmony

To wonder
at nothing that is said
about you; to feel nothing
that is done against you;
It is perpetual calmness
of thought based upon
the conviction that the good
alone is the all of Life;
it is to think nothing but good;
know nothing but good;
act nothing but
good.
It is to have a joy so great that sorrow cannot pierce it; To have a soul so big so full of love and compassion, that all who come within your mental touch will be strengthened, blessed and enriched.
It is never
to wound another
by thought nor act,
but always
to seek to cultivate
and to unfold
the good
in those who are
willing to
be helped and
enlightened.
Expectancy

Expectancy is the open door to receiving, so—expect to run and to leap today.

Expect to hear perfectly, see perfectly, now.

Expect that because all Life is perfect and divine, that you can never be less than perfect.
Expectancy

Expect the floodtides of strength, joy, activity, peace, harmony, wisdom, love, understanding, to unfold to you individually, as flow the waters over the Niagara banks,—without limit. This is the hope that passeth understanding; The joy that is King: The Christ which sayeth alway, "Be of Good Cheer".
Think of all Life as God.
Think of yourself as an inseparable part of this One-Life, One-All.
Think of your mentality (because of its nature and substance as Mind) as having all power and dominion through its right and true thinking.
Think of your embodiment as spiritual and good and perfect; the manifestation of Nature, God. Think of your neighbor as you think of yourself. Think of God as All, and think of All as God.
Think of the whole visible universe as ONE,—the effect or manifestation, of invisible Nature, God.

Think of it as lovely and real wonderful and glorious, for such it is in Truth.
Think of God, Life, as the whole, real, mental element of which each individual is a part as the drops of water go to make up the sea.
My Prayer

to be
ever conscious
of my unity with
the One-Life,
which is paramount,
supreme
and adorable.
To constantly strive
to unfold Wisdom
and to give no heed
to erroneous
ideas.
My Prayer

To separate all blind belief from intelligent reasoning, and to see all as an inseparable part of the one perfect Whole. To show loving consideration, and be willing always to give forth real enlightenment to all who desire it.
My Prayer

To keep
my mental sense
of Life
pure and uncontaminated;
radiant with Joy;
vital with Hope;
resplendent with Faith,
Love and Confidence,
cleansed
from all erring delusions.
My Prayer

To have one aim,—
to rise each day
into greater and fuller understanding
of perfect Life,
and to bring this mental enlightenment
(which is true salvation) unto others.
It is not eternity that heals; it is Right Thought.
Life is already perfect.
All that we have to do in order to experience this perfect Life is to find this fact out for ourself, take mental possession of this truth and act out our understanding.
Understanding

I feel positive, earnest, willing, obedient.
I feel loving, kind, considerate and gentle.
I feel active, strong, harmonious and well.

God is all and God is good; hence, this all-good is now unfolding itself to me, and there is no other power nor presence.
Understanding

Here are not lives many, and minds many, for we are all this One-Life, this One-Mind; hence, we all have inherent power, dominion, strength, and all good. It is not the body that needs to be healed; it is the thought that needs to be corrected.
There are no physical conditions. All is mental, hence all results are mental results or are the effects of the thinking. In me are all the mental qualities that are in the Father or primal, mental element — God.
I am strong in the conviction that Life is changeless and incorruptible and that this Life is my Life, now. All objectifications that are not true to perfect Life are not true to me, and I now cast all sense of pain or lack or fear out of my thinking and instead feel the sense of health, of peace and perfect manifestation.
There is no failure, loss, sorrow, sickness in perfect and adorable Life; hence, none for me to experience. I am this understanding Mind; I can think in conformity with the facts of Life; I will apply my understanding to my problems at hand and the results are sure.
The positive, mental conviction of the eternal harmony of Being restores my soul (true sense) and I am free. Perfect Mind has all faith in Itself; therefore, I have all faith in my right and true thinking. According to my understanding, faith and application of right thinking are the results of good forthcoming.
Understanding

Blessed are they who understand that Joy, Praise, Love, Faith, and Gratitude, are their divine heritage, for theirs is the Kingdom of Harmony. The only real Law in me is the Law of Health and Harmony and this Law in me is now being fulfilled.
I praise Mind for its Wonders and its Glories, its Freedom and its Infinity, and clearly understand, that no lack, no sickness, no loss or evil of any kind, is inherent in the all-perfect Mind, nor can they be part of me.